

One-Day Workshop on Capacity Building

The Department of Business Administration conducted a One Day Workshop on 19th September 2019. In the first session, the Chief Guest **Prof.Ms.S.Sumathy Head of the Department of Social Work at Thanthai Hans Roever college, Perambalur** gave an inspirational talk on the topic 'Capacity Building'. She gave a detailed description of the idea of physical, psychological, emotional and social self of an individual. She explained how destructive, unhealthy, negative thoughts, attitudes and behavior create a negative impression on an individual. In contrast, constructive, healthy, positive thoughts and attitudes bring change in behavior. She insisted on the development of 4Ds - Desire, Direction, Dedication and Discipline that could create a positive development among human beings.

In the second session, Dr.Sam Deva Asir. Regional Manager gave an excellent talk on the various types of skills. He motivated our students with different life concepts and stories along with creative slides. He boosted the morale of the students by insisting on the need to be successful in life and not to give up in any situation. He clearly explained the reality of life and the purpose of life. He made the students realize the importance of the power of positive thinking.